

Absence Request

Athlete Name: _____

Team: _____

Today's Date: _____

Email for Confirmation: _____

Date(s) Requested to be Absent: _____

Reason for Absence: _____

REMEMBER!!

1. This is a team sport and absences negatively affect the ability of the team to practice and CAN IMPACT how well the team performs and places at a competition.
2. It is the athlete's responsibility to make up missed stunt/tumbling/conditioning reps and to learn any new material.
3. Excessive absences may result in a change of the athlete's position on their team.
4. Coaches may add practices due to absences.
5. NO ABSENCES 2 WEEKS PRIOR TO COMPETITION.
6. Turning in an absence form does not mean the absence is approved. Cheer director will review and email back response to request.
7. Only Cheer Director may excuse/approve an absence.

Please email all absence request forms filled out to: coachbrittany@stingrayallstarsftlauderdale.com or turn in person directly to coach Brittany and no one else!