

WELCOME TO THE 2024-2025  
SEASON

# THE STINGRAY ALLSTARS

[WWW.STINGRAYALLSTARSFTLAUDERDALE.COM](http://WWW.STINGRAYALLSTARSFTLAUDERDALE.COM)



@stingrayallstarsftlauderdale



@LetsGoRaysFTL



The Stingray Allstars- Ft Lauderdale

The mission of The Stingray Allstars is to provide an environment of excellence. The Stingray Way puts the athlete in a position to excel while instilling hard work, accountability, competition and community. We aim to inspire athletes, coaches and all that enter our doors to be fully committed to excellence.

Allstar cheerleading is a unisex sport in which a team performs a 2 minute 30 second routine comprised of tumbling, stunting, pyramids and dance. The routine is performed on a 42x54 spring floor at local and national competitions.

## **What the program entails:**

The full year allstar program fields teams of athletes ages 5+ and ranging in levels 1-6. The season begins in May and lasts through late April. Teams are formed in order to be most competitive within a division. We form teams based off of stunts, jumps and tumbling skills.

**Athlete Safety/Parent Roles:** The safety of all athletes is our top priority. All of our staff have an up to date back ground check, concussion training and are USASF credentialed/cleared to train athletes.

**Time commitment:** Teams will practice two days a week. You can expect extra practices to take place for choreography and around competition season. Attendance is incredibly important to a team's success. Athletes will be allowed to miss a limited number of practices throughout the season. Missing practice could affect an athlete's position on the team.

**Absence Request Form:** Athletes planning to miss practice for any reason will need to fill out an absence request form in advance. You can request this form from the front desk and turn in at front desk. Remember that turning in a request form does not mean it is approved. All requests must be approved by the cheer director.

Please note: athletes that miss practice within two weeks leading up to a competition may not be able to compete at the event.

**Competition Schedule/Travel:** The competition schedule will be released at the end of summer, 2024. The full year allstar program will attend a variety of local and out of state competitions. All athletes are expected to attend every competition. Travel cost is not included in tuition and each family is responsible for getting their athlete to and from competitions. Many of the events we attend are considered "stay to play" which require athletes to book through the sanctioned hotels. Links to those hotels will be sent out in the months leading up to the event. Athletes that do not comply with the stay to play policy may result in team disqualification.

**End of Season Events:** All teams will work to earn a bid to an end of season event. End of season event costs are NOT included in the tuition and if your team earns a bid, additional fees will apply depending on the type of bid earned.

**Apparel:** There will be a mandatory practice wear package for all athletes. Sizing will begin the first week of June and the last day to order is Thursday, June 20th. All Stingray logos, team logos and branding is protected and cannot be duplicated. All Stingray apparel must be purchased from Full Out Sports to include team sponsored items, parent apparel, etc.



## Things to Know:

If you have any questions or concerns that need immediate attention please use the following chain of communication:

1. Head Coach 2. Allstar Director 3. Owner/President

1. Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions.
2. The Stingray Allstars will not help to facilitate the housing of any athletes.
3. If your athlete is moved to alternate status their tuition rate will be adjusted. Alternate athletes are expected to attend all practices. Depending on when alternate status is established, the gym may have to charge your account competition fees for your athlete to attend events.
4. Crossover Policy: if you are asked to be a crossover athlete you will be responsible for the crossover fees in addition to your regular tuition.
5. It is your responsibility to wear the appropriate practice wear to every practice and competition attire to events.
6. Social Media posts that are a poor representation of the The Stingray Allstars may result in suspension or removal from the team.
7. Personal items such as cell phones, school bags, or gym bags must be stored in the lobby. NO items are to be left in the gym hallways or near the doors. We are not responsible for lost or stolen items.
8. You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
9. Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice would not be an appropriate time.
10. Athletes need to be able to physically and mentally perform all aspects of competitive cheerleading. This may require additional privates, classes, conditioning and/or practices.
11. NO GOSSIP about other athletes, teams, coaches and staff.
12. The Stingray Allstars is not a babysitting service. No child should be dropped off at the gym unsupervised or without an active enrollment in a class, private, or practice.
13. Practices may be changed or added at any time during the season.
14. Anyone threatening to quit or to pull their child from a team will be dismissed from the program immediately. There will be no refunds for athletes that quit or are asked to leave the program, no further billing will occur after the athlete has been removed from the roster.
15. Only athletes and coaches are allowed inside the gym training area (floor).
16. No one is allowed to yell onto the floor or try to make contact through the parent viewing area window.
17. It is the parent's responsibility to know what is going on with your team. Check your emails and the team GroupMe/Band regularly. GroupMe, Band, Remind and email are all potential means of communication.
18. Please make sure that both parents are fully aware of the time commitment to The Stingray Allstars. It is unfair to the team and especially your child for practices/competitions to be used as a bargaining tool. The Stingray Allstars will make no exceptions to schedules due to co-parenting conflicts.
19. Punishing your child by missing practice or a competition is not acceptable.
20. Homework is not an acceptable excuse for missing practice.
21. Parents, relatives, friends and athletes are not allowed to speak with competition officials for any reason.
22. Parents are not allowed to represent The Stingray Allstars under any circumstances concerning accommodations, competitions or any other situation.
23. There will be no arguing or questioning coaching decisions at competitions.
24. Problems between athletes/parents will be addressed with all parties involved at a meeting with your coach and your Allstar director.
25. The Stingray Allstars Fort Lauderdale maintain the right to refuse services at any time.
26. The Stingray Allstars Fort Lauderdale reserves the right to interpret protocol and may change, add or subtract and rule at any time.

# Important Information

You will sign up for an Assessment time slot on our website, [www.stingrayallstarsftlauderdale.com](http://www.stingrayallstarsftlauderdale.com). *When signing up for your Assessment time slot, you will be required to pay an Assessment Fee.*

Assessment Fee is \$65.00 if registered by April 30th and \$80.00 after April 30th. Registration cost includes tryout clinics, evaluation and a program shirt.

Be sure to have your all assessment form printed and completed prior to assessment week. Attach your athlete's photo and bring with you on the first day of the assessment week.

## Tuition for Allstar Elite Teams:

Tuition is divided into **11 installments of \$375.00 plus a 1 time down payment of \$500.00.**

The tuition billing schedule is as follows:

Down Payment: \$500.00 billed on May 22nd, due by May 24th

1st payment: \$375.00 billed June 1st, due by June 5th

2nd payment: \$375.00 billed July 1st, due by July 5th

3rd payment: \$375.00 billed August 1st, due by August 5th

4th payment: \$375.00 billed September 1st, due by September 5th

5th payment: \$375 billed October 1st, due by October 5th

6th payment: \$375.00 billed November 1st, due by November 5th

7th payment: \$375.00 billed December 1st, due by December 5th

8th payment: \$375.00 billed January 1st, due by January 5th

9th payment: \$375.00 billed February 1st, due by February 5th

10th payment: \$375.00 billed March 1st, due by March 5th

11th payment: \$375.00 billed April 1st, due by April 5th

\*There is a sibling discount. After registering your athletes, call the office for account adjustment.

*Auto charges run on the 5th of each month. Everyone is required to have a card on file.*

### Tuition Includes:

Team practices, music and competition fees.

### Tuition Does Not Include:

\$225.00 Coaches Fee billed in October. This fee is per family, not per cheerleader.

\$495.00 Uniform

\$75 for each stunt clinic, there will be two

Warm-ups, shoes, bows, backpack and various team apparel

End of Season Event Fees (if applicable)

Travel/Hotel Expenses

Crossover Fees (if applicable)

USASF Registration Fee

Additional specialty classes, private lessons, clinics, etc.

### Approximate Costs:

Warm-ups \$250.00, Shoes \$90.00-\$130.00, Bows \$30.00-\$40.00, Backpacks \$105.00-\$120.00,

Practice Wear \$60.00 to \$85.00 (per set), Shirts/Jerseys/Sweatshirts \$30.00-\$50.00, Worlds Fee

\$150.00-\$530.00, Summit Fee \$125.00-\$535.00

*(based off previous years, these prices are subject to change)*

Travel costs will vary greatly.



# Prep Team Information

Allstar Prep provides athletes the "Allstar experience" with minimal time commitment and limited travel. This program is designed to act as a bridge into our Elite Program and serves as a training tool to prepare our athletes for competitive future. Athletes are trained to compete and succeed no differently than any of our other programs. Our Prep teams also practice twice a week, year round. The difference is that they are lower travel teams that do not attend any competitions out of State and most competitions are in a more "local" range. Prep teams also do not attend as many competitions as Elite teams and generally compete only one day. Our Prep teams are extremely competitive just like our Elite program.

*\*\*Tiny Novice Team will be billed same as Prep team and will have the same uniform.*

## Tuition for Prep Teams:

Tuition is divided into 11 installments of \$295.00 plus a 1 time down payment of \$400.00. The tuition billing schedule is as follows:

Down Payment: \$400.00 billed on May 22nd, due by May 24th

1st payment: \$295.00 billed June 1st, due by June 5th

2nd payment: \$295.00 billed July 1st, due by July 5th

3rd payment: \$295.00 billed August 1st, due by August 5th

4th payment: \$295.00 billed September 1st, due by September 5th

5th payment: \$295.00 billed October 1st, due by October 5th

6th payment: \$295.00 billed November 1st, due by November 5th

7th payment: \$295.00 billed December 1st, due by December 5th

8th payment: \$295.00 billed January 1st, due by January 5th

9th payment: \$295.00 billed February 1st, due by February 5th

10th payment: \$295.00 billed March 1st, due by March 5th

11th payment: \$295.00 billed April 1st, due by April 5th

\*There is a sibling discount. After registering your athletes, call the office for account adjustment

*Auto charges run on the 5th of each month. Everyone is required to have a card on file.*

## Tuition Does Not Include:

\$150.00 Coaches Fee billed in October. This fee is per family, not per cheerleader.

\$325.00 Full Prep Team Uniform - this is not a rental, you own the uniform.

Warm-ups, shoes, bows, backpack and various team apparel

End of Season Event Fees (if applicable)

Travel/Hotel Expenses

USASF Registration Fee

Additional specialty classes, private lessons, clinics, etc.

Approximate Costs:

Warm-ups \$250.00 (optional for prep team), Shoes \$90.00-\$130.00, Bows \$30.00-\$40.00, Backpacks

\$105.00-\$120.00, Practice Wear \$60.00 to \$85.00 (per set), Shirts/Jerseys/Sweatshirts \$30.00-

\$50.00 (based off previous years, these prices are subject to change)

Travel costs will vary greatly.





Assessments will take place the week of May 13 through May 17, 2024. This year, evaluations will run a little differently. We will have mandatory tumble clinics on Monday and Tuesday (based on levels), Stunt clinic for those wanting to tryout for flyer (must attend to be considered for flying) on Wednesday and Evaluations on Thursday and Friday. During your tumble clinic, you will sign-up for a 15 minute slot for your assessment for May 16 or 17 depending on your level.

### **Assessment Week Schedule**

**Monday May 13th: Tumble Clinic for Levels 3+ 5:30pm to 7:30pm**  
**Tuesday May 14th: Tumble Clinic for Levels 0-2 5:30pm to 7:30pm**  
**Wednesday May 15th: Stunt Clinic for flyers, all levels 5:30pm to 7:30pm**  
**Thursday May 16th: Assessment for Level 0-2 5:00pm to 8:00pm**  
**Friday May 17th: Assessment for Levels 3+ 5:00 pm to 8:00pm**

*Team Announcements Sunday May 19th*

Team placement announcement will be via email on May 19th.

First practice will start on Wednesday May 22nd or Thursday May 23rd. Practice days and times will be provided in your email.

### **Important Dates at a Glance:**

Team Placement Announcement: May 19th  
 First Practice: starts Wednesday May 22nd or Thursday May 23rd  
 Fourth of July week closure: July 1st-6th  
 Mandatory, in person parent meeting: August 21st and 22nd at 7:00 pm (must make 1 date)  
 Labor Day closure: September 2nd  
 Halloween closure: October 31st  
 Thanksgiving closure: November 25th- 30th  
 Holiday Closure: December 23th-January 2nd  
 Spring Break closure (follows Broward County School calendar): March 24th-28th  
**\*\*\*If the date is not listed above, then it is NOT a planned closure date\*\*\***  
 A detailed competition Schedule will be released at the end of Summer.





# REGISTRATION INSTRUCTIONS

All bookings and registrations are done through the Parent Portal on the Stingray Fort Lauderdale website: [www.stingrayallstarsftlauderdale.com](http://www.stingrayallstarsftlauderdale.com).

If you already have an account in our system, you will log in to your current account. **DO NOT CREATE ANOTHER ACCOUNT.** If you have any trouble logging in please contact the front office for assistance.

If you are a new member, it will prompt you to input the guardian information, athlete information and accept the policies/waiver. Please be sure to opt in to email notifications as the email entered will be where team placements and other important gym information will be sent.

Once logged in, click on "Bookings" then "Evaluation 2024-2025 season". From there you will click on the day/time that corresponds to your athlete's age and level. Choose the session and add to cart, click pay now. You will receive a confirmation email once your transaction is complete.

Please print and turn in your completed Assessment forms located on our website.

***All accounts must be paid in full to register for Assessments. You must keep your account current to remain active on your team. There will be no refunds made to anyone who quits or is asked to leave the program.***

Please print and bring filled out to the first practice the following forms also located on our website:

1. Participant Agreement
2. Financial Commitment







# ASSESSMENT CHECKLIST:

Sign up for an Assessment time slot on the parent portal for your athlete's age and level (sign up for one time slot).

Print and complete the Assessment Form

Bring your completed form to the office.  
Be sure to have your athlete's photo attached.

**YOU'RE NOW READY TO BE "ONE OF A KIND". WE LOOK FORWARD TO GRAYT YEAR IN THE BLUE AND GREEN!**