

ASSESSMENT FORM

ATTACH PHOTO HERE

DO NOT WRITE ABOVE THIS LINE

Name: _____

Date of Birth: _____

Parent Name: _____ Cell #: _____

Parent Email: _____

School Attending and Grade '23-24: _____

Please list any other sports or extra curricular activities:

Tumble Experience (circle all levels that apply):

Tumble Level: N/A 1 2 3 4 5 6

Stunt Experience (circle all levels that apply):

Stunt Level: N/A 1 2 3 4 5 6 7

Basket Toss Experience (Flyers Only): N/A 1 2 3 4 5 6 7

Stunt Position Trying out for (circle all positions that apply):

FLYER

BASE

BACKSPOT

Please list cheer experience by year, level, and program:

STAFF USE ONLY BELOW LINE

Age Group: _____ Stunt Position: _____ Stunt Level: _____ Level: _____

Running: _____

Standing: _____

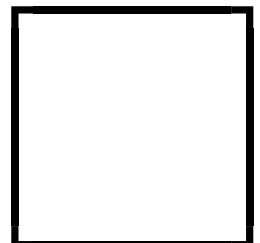
Jumps: _____

Motions: _____

Presence: _____

Other/Stunt/Flexibility: _____

OFFICE USE ONLY



Please check all skills your athlete is able to perform unassisted (without a spot). Only check skills they actually have and not that they are working on. They will be asked to perform all checked skills at evaluation. Please note that, in order to be considered for a given level, athletes must have a minimum of:

1 Elite running skill

1 Elite standing skill

1 Advanced standing skill

for that particular level.

SKILLS BY LEVELS

	Standing Advanced	Standing Elite	Running Advanced	Running Elite
Level 0	<input type="checkbox"/> no requirements	<input type="checkbox"/> backbend <input type="checkbox"/> backbend kick over <input type="checkbox"/> handstand <input type="checkbox"/> standing backbend	<input type="checkbox"/> no requirements	<input type="checkbox"/> forward roll <input type="checkbox"/> cartwheel <input type="checkbox"/> straddle roll <input type="checkbox"/> cartwheel-back roll
Level 1	<input type="checkbox"/> back walkover <input type="checkbox"/> handstand forward roll <input type="checkbox"/> BWO-BWO-BWO	<input type="checkbox"/> back walkover series <input type="checkbox"/> BWO switch leg <input type="checkbox"/> back extension roll <input type="checkbox"/> valdez <input type="checkbox"/> back extension roll - BWO	<input type="checkbox"/> round off <input type="checkbox"/> front walk over <input type="checkbox"/> FWO series <input type="checkbox"/> cartwheel-BWO	<input type="checkbox"/> cartwheel-BWO series <input type="checkbox"/> FWO-CW <input type="checkbox"/> FWO-RO <input type="checkbox"/> FWO-CW-BWO <input type="checkbox"/> FWO-CW-BWO switch leg
Level 2	<input type="checkbox"/> BWO-BHS <input type="checkbox"/> BWO-BHS-step out <input type="checkbox"/> BHS step out- BWO	<input type="checkbox"/> BWO-BHS step out - BWO <input type="checkbox"/> BWO switch leg - BHS <input type="checkbox"/> valdez-BHS <input type="checkbox"/> valdez-BHS step out <input type="checkbox"/> back extension roll - BHS	<input type="checkbox"/> RO-BHS step out <input type="checkbox"/> CW-BHS step out <input type="checkbox"/> FHS <input type="checkbox"/> FWO-FHS	<input type="checkbox"/> RO-BHS series <input type="checkbox"/> CW-BHS series <input type="checkbox"/> FWO-RO-BHS <input type="checkbox"/> FWO-RO-BHS series <input type="checkbox"/> CW-BHS step out-BWO-BHS <input type="checkbox"/> RO-BHS step out-BWO-BHS
Level 3	<input type="checkbox"/> BWO-BHS-BHS <input type="checkbox"/> BHS-BHS-BHS <input type="checkbox"/> advanced jump-BHS-BHS	<input type="checkbox"/> BHS step out-BHS-BHS <input type="checkbox"/> BHS step out-BWO-BHS-BHS <input type="checkbox"/> BHS-jump-BHS <input type="checkbox"/> BHS-BHS-jump-BHS-BHS <input type="checkbox"/> jump-BHS-jump-BHS <input type="checkbox"/> BWO-BHS-jump-BHS <input type="checkbox"/> BWO-BHS-jump-BHS-BHS	<input type="checkbox"/> punch front <input type="checkbox"/> RO-BHS-BHS-tuck	<input type="checkbox"/> RO-BHS-tuck <input type="checkbox"/> FWO-RO-tuck <input type="checkbox"/> FWO-RO-BHS-tuck <input type="checkbox"/> FWO-Aerial <input type="checkbox"/> boulder-RO-tuck <input type="checkbox"/> FHS-front tuck

Level 4	<input type="checkbox"/> BHS-BHS-tuck <input type="checkbox"/> BWO-tuck <input type="checkbox"/> back extention roll-tuck <input type="checkbox"/> valdez-tuck <input type="checkbox"/> ONODI	<input type="checkbox"/> BHS-tuck <input type="checkbox"/> BHS step out-tuck <input type="checkbox"/> jump-BHS-BHS-tuck <input type="checkbox"/> jump-BHS-tuck	<input type="checkbox"/> PF-PF <input type="checkbox"/> PF step out-aerial <input type="checkbox"/> RO-BHS-BHS-layout <input type="checkbox"/> PF step out-RO-tuck <input type="checkbox"/> FWO-aerial-tuck <input type="checkbox"/> RO-whip-tuck <input type="checkbox"/> RO-tuck-tuck <input type="checkbox"/> FWO-RO-whip-tuck <input type="checkbox"/> FWO-RO-tuck-tuck	<input type="checkbox"/> RO-BHS-layout <input type="checkbox"/> RO-BHS-layout step out <input type="checkbox"/> RO-BHS- x-out <input type="checkbox"/> RO-ONODI-layout <input type="checkbox"/> FWO-RO-layout <input type="checkbox"/> front aerial-RO-whip-layout <input type="checkbox"/> RO-whip-layout <input type="checkbox"/> RO-tuck-layout <input type="checkbox"/> FWO-RO-whip-layout <input type="checkbox"/> FWO-RO-tuck-layout
Level 5	<input type="checkbox"/> jump-tuck <input type="checkbox"/> jump-front tuck <input type="checkbox"/> BHS-whip/tuck-BHS-tuck <input type="checkbox"/> BHS-BHS-layout <input type="checkbox"/> BHS-BHS-whip-tuck <input type="checkbox"/> jump-BHS-BHS-whip-tuck <input type="checkbox"/> jump-BHS-BHS-whip-BHS-tuck	<input type="checkbox"/> BHS-whip-tuck <input type="checkbox"/> BHS - layout <input type="checkbox"/> jump-BHS-layout <input type="checkbox"/> jump-BHS-whip-tuck <input type="checkbox"/> BHS-whip/tuck-layout <input type="checkbox"/> BHS-whip-layout/stepout <input type="checkbox"/> jump-BHS-whip-layout	<input type="checkbox"/> RO-BHS-BHS-full <input type="checkbox"/> RO-arabian <input type="checkbox"/> side aerial-full <input type="checkbox"/> front aerial-full <input type="checkbox"/> FH-BARANI <input type="checkbox"/> BARANI-layout	<input type="checkbox"/> RO-BHS-full <input type="checkbox"/> front full <input type="checkbox"/> FWO-RO-full <input type="checkbox"/> BARANI-full <input type="checkbox"/> PF stepout-RO-full <input type="checkbox"/> RO-whip-full <input type="checkbox"/> FHS-front full

Legend:

CW - cartwheel

BWO - back walkover

FWO - front walkover

RO - round off

BHS- back handspring

FHS - front handspring

PF- punch front