

WELCOME TO THE 2025 – 2026
SEASON!

THE STINGRAY ALLSTARS

WWW.STINGRAYALLSTARSFTLAUDERDALE.COM



@stingrayallstarsftlauderdale



@LetsGoRaysFTL



The Stingray Allstars- Ft Lauderdale

The mission of The Stingray Allstars is to provide an environment of excellence .

The Stingray Way puts the athlete in a position to excel while instilling hardwork, accountability, competition and community. We aim to inspire athletes , coaches and all that enter our doors to be fully committed to excellence.

Allstar cheerleading is a unisex sport in which a team performs a 2 minute 30 second routine comprised of tumbling, stunting, pyramids and dance. Routines are performed on a 42'x54' spring floor at local and national competitions.

What the program entails:

The full year allstar program fields teams of athletes ages 5+, ranging in levels 1-6. The season begins in May and continues through April. Teams are filled to be the most competitive within the division chosen for them. Teams are built with each athlete's stunting, jumping and tumbling capabilities.

- **Athlete Safety/Parent Roles:** The safety of all athletes is our TOP priority. All of our staff have an up to date background check, concussion training and are USASF credentialed/cleared to train athletes.
- **Time Commitment:** Teams will practice two days a week. Extra practices will take place for choreography and as needed throughout competition season. Attendance is critical to a team's success. Athletes will be allowed to miss a limited number of practices throughout the season. Missing practices could affect an athlete's position on the team.
- **Absence Request Form:** Athletes planning to miss practice for any reason will need to fill out an absence request form in advance. You can find this form on our website under "forms" and you can turn it in to your team coach. Remember, turning in a request form does not mean it is approved. All requests must be approved by our Operations Manager.
 - *Please note: Athletes that miss practice within the two weeks leading up to a competition may not be able to compete at the event.*
- **Competition Schedule/Travel:** The competition schedule will be released at the end of summer 2025. The full year all star program will attend a variety of local and possibly out of state competitions. Travel costs are not included in your tuition. Each family is responsible for getting their athlete to and from competitions. Many of the events we attend are considered "Stay to Play". "Stay to Play" events require teams to book through Team Travel Source (TTS). A link to those hotels will be sent as soon as it is released to us. Athletes must comply with the "Stay to Play" rules. Not complying will result in team disqualification.
- **End of Season Events:** All elite teams will work to earn a bid to an end of season event. End of season event cost is NOT included in the tuition. If your team earns a bid, additional fees will apply. Registration fees vary, based on bid type that is received.
- **Apparel:** There will be a mandatory practice wear package for ALL athletes. Sizing will begin the first week of June. Last day to order will be Friday, June 20. All Stingray logos, team logos and branding is protected and cannot be duplicated. All Stingray apparel must be purchased from our pro-shop, including team sponsored items, parent apparel, etc.

Things to Know:

If you have any questions or concerns that need immediate attention, please use the following chain of communication:

1. Coach 2. Operations Manager 3. Owner

1. Good Sportsmanship, polite manners and a good disposition are mandatory at all practices competitions.
2. The Stingray Allstars will not help to facilitate the housing of any athletes.
3. If your athlete is moved to "Alternate" status, their tuition rate will be adjusted. "Alternate" athletes are expected to attend all practices. Depending on when the "Alternate" status is established, the gym may have to charge your account for competition fees in order for your athlete to attend events.
4. Crossover Policy: If you are asked to be a crossover athlete, you will be responsible for the crossover fees in addition to your regular tuition.
5. It is the athletes responsibility to:
 - a. Wear the correct practice apparel to practices.
 - b. Wear the correct uniform to all competitions.
6. Social Media posts that are a poor representation of The Stingray Allstars may result in suspension or removal from the team.
7. Personal items (school bags, gym bags, cell phones) must be stored in the lobby, lockers or cubbies. NO items are to be left in the gym hallways or near the doors. We are not responsible for any lost or damaged items.
8. Arrival to all practices, competitions and events is a must. Punctuality is a MUST.
9. Communication with your coaches is important, and we want you to feel free doing so. Please remember there is a "Right Time" to discuss any feedback, concerns, etc. Example: Speaking with your coaches in the middle of practice is not an appropriate time.
10. Athletes need to be able to be able to physically and mentally perform all aspects of competitive cheerleading. This may require additional privates, classes, conditioning and/or practices.
11. Gossip about other athletes, teams, coaches and staff will not be tolerated. Any gossip may result in disciplinary action.
12. The Stingray Allstars is not a babysitting service. No athletes should be dropped off at the gym unsupervised or without an active enrollment (Teams, Classes or Private Lessons). Please pick up your athletes in a timely manner after their practice, class or private lesson is completed.
13. Practice dates/times may be adjusted or added at any time during the season. Please communicate any conflicts in a timely manner.
14. Anyone threatening to quit or pulling their child from the team will be dismissed immediately. There will be no refunds for athletes that quit or are asked to leave the program. No further billing will occur once the athlete has been removed from the roster.
15. Athletes and Coaches only in the gym. No parents, siblings, friends or other family members are allowed in the gym or on the equipment at any time. We encourage you to watch your athletes classes / practice, however it must be done from the lobby.

- a. Yelling or “coaching” through the window in the lobby is not allowed. It is distracting to the athletes and may directly contradict the coach.
16. It is the parents responsibility to stay up to date on all team communications. Please check your emails, as well as the teams Band/Groupme regularly. Groupme, Band and Emails are all potential means of communication.
17. Please ensure that both parents are fully aware of the time commitment required to be on a team at The Stingray Allstars. It is unfair to the team, and your child to use practices and competitions as a bargaining tool. The Stingray Allstars will make no exceptions to schedules due to co-parenting conflicts.
18. Taking practice or competitions away from your athlete as a means of punishment is not acceptable. You are not only punishing your child, you are punishing the team and coaches as well.
19. Homework is not an acceptable excuse to miss practice.
20. Parents, relatives, friends and athletes are not allowed to speak with competition officials for any reason.
21. Parents are not allowed to represent The Stingray Allstars under any circumstances concerning accommodations, competitions or any other situation.
22. There will be no arguing or questioning coaching decisions at competitions. Any issues or concerns can be addressed in an appropriate manner after the competition.
23. The Stingray Allstars expects all parents and athletes to get along. A meeting will be set with the involving parties, the coach and the operations manager to resolve said issue.
24. Use of the Stingray name, Team names, or logos is prohibited.
25. End of season competition gifts will be charged to accounts in January and handed out at the end of season showcase. No other competition gifts will be allowed unless prior authorization from management is given.
26. The Stingray Allstars Fort Lauderdale maintains the right to refuse services at any time.
27. The Stingray Allstars Fort Lauderdale reserves the right to interpret protocol and may change, add or subtract rules and regulations at any time.

Team Programs:

Tiny Novice Allstar:

Our Tiny Novice all-star cheer program is an introductory, less demanding program for young athletes (typically ages 3-6) who are new to all-star cheerleading, focusing on foundational skills and a lighter commitment than more advanced programs. This is a year round program that will practice twice a week. Tiny Novice teams will be competing in four (4) local competitions. Competitions are usually one day competitions. Tiny Novice does not travel to any out of state competitions. Schedule will be released at the end of summer.

Allstar Prep:

Our Allstar Prep teams provide our athletes the "Allstar Experience" with minimal time commitment and limited travel. This program is designed to act as a bridge into our Elite Program. We are focused on introducing and training the fundamental skills required to ensure a successful transition into our Elite Program when ready. This program is just as competitive as our other programs. Allstar Prep is a year round program that will practice twice a week. All competitions will be local, and will be one day comps. Schedule will be released at the end of summer.

Elite Allstar:

Our Elite Cheer program is a high-level competitive cheerleading program that focuses on advanced skills and achieving excellence in routines and competitions, often culminating in national events. Elite teams practice twice a week. These teams may travel out of state, and most competitions will be 2 day competitions. Schedule will be released at the end of summer.

Important Information

Sign ups for evaluations can be found on our website:

www.stingrayallstarsftlauderdale.com.

You will be required to pay for your evaluation at sign up.

Evaluation fee is \$65 if registered before April 30th and \$80 from May 1st to the evaluation date. Fee includes two clinics, the evaluation and a program t-shirt.

Please be sure to have your assessment form printed and completed prior to evaluations. Please attach your athletes photo and bring the form with you on the first day.

Tuition for Tiny Novice Teams:

Tuition is divided into 11 installments of \$205.00.

Tuition billing schedule is as follows:

1 st Payment:	\$205 billed June 1 st , Due by June 5 th
2 nd Payment:	\$205 billed July 1 st , Due by July 5 th
3 rd Payment:	\$205 billed August 1 st , Due by August 5 th
4 th Payment:	\$205 billed September 1 st , Due by September 5 th
5 th Payment:	\$205 billed October 1 st , Due by October 5 th
6 th Payment:	\$205 billed November 1 st , Due by November 5 th
7 th Payment:	\$205 billed December 1 st , Due by December 5 th
8 th Payment:	\$205 billed January 1 st , Due by January 5 th
9 th Payment:	\$205 billed February 1 st , Due by February 5 th
10 th Payment:	\$205 billed March 1 st , Due by March 5 th
11 th Payment:	\$205 billed April 1 st , Due by April 5 th

- There is a sibling discount. Please contact the front office for account adjustment once your athletes are registered.
- Auto charges run on the 5th of every month. **Everyone is required to have a card on file.**

Tuition Includes:

- Team Practices
- Routine Music
- Competitions registration fees

Additional Expenses (Required):

- \$150.00 – Coaches fees. Billed in October. This fee is per Family, not per athlete. (Only applied if the team travels outside of the Tri-County area)
- \$80.00 - \$95.00 – Practice wear
- \$325.00 – Competition Uniform
- \$30.00 - \$40.00 – Competition Bows
- \$90.00 - \$130.00 – Shoes
- \$50.00 – USASF Registration
- \$65.00 - \$85.00 – Stingray End of Season Gift package

Additional Expenses (Optional):

- \$30.00 - \$50.00 – Stingray Branded Apparel
- \$250.00 – Warm Ups
- \$105.00 - \$120.00 – Backpack

Travel/Hotel expenses are not included. Cost will vary greatly pending on location.

Classes, Private Lessons and Clinics are an additional expense.

Prices are subject to change.

Tuition for Prep Teams:

Tuition is divided into 11 installments of \$295.00 plus a 1 time down payment of \$400.

Tuition billing schedule is as follows:

Down Payment:	\$400 billed on May 20 th , Due by May 23 rd
1 st Payment:	\$295 billed June 1 st , Due by June 5 th
2 nd Payment:	\$295 billed July 1 st , Due by July 5 th
3 rd Payment:	\$295 billed August 1 st , Due by August 5 th
4 th Payment:	\$295 billed September 1 st , Due by September 5 th
5 th Payment:	\$295 billed October 1 st , Due by October 5 th
6 th Payment:	\$295 billed November 1 st , Due by November 5 th
7 th Payment:	\$295 billed December 1 st , Due by December 5 th
8 th Payment:	\$295 billed January 1 st , Due by January 5 th
9 th Payment:	\$295 billed February 1 st , Due by February 5 th
10 th Payment:	\$295 billed March 1 st , Due by March 5 th
11 th Payment:	\$295 billed April 1 st , Due by April 5 th

- There is a sibling discount. Please contact the front office for account adjustment once your athletes are registered.
- Auto charges run on the 5th of every month. **Everyone is required to have a card on file.**

Tuition Includes:

- Team Practices
- Routine Music
- Competitions registration fees

Additional Expenses (Required):

- \$150.00 – Coaches fees. Billed in October. This fee is per Family, not per athlete. (Only applied if the team travels outside of the Tri-County area)
- \$80.00 - \$95.00 – Practice wear
- \$325.00 – Competition Uniform
- \$30.00 - \$40.00 – Competition Bows
- \$90.00 - \$130.00 – Shoes
- \$50.00 – USASF Registration
- \$225.00 - \$635.00 – End of Season Event
- \$65.00 - \$85.00 – Stingray End of Season Gift package

Additional Expenses (Optional):

- \$30.00 - \$50.00 – Stingray Branded Apparel
- \$250.00 – Warm Ups
- \$105.00 - \$120.00 – Backpack

Travel/Hotel expenses are not included. Cost will vary greatly pending on location.

Classes, Private Lessons and Clinics are an additional expense.

Prices are subject to change.

Tuition for Allstar Elite Teams:

Tuition is divided into 11 installments of \$375.00 plus a 1 time down payment of \$500.

Tuition billing schedule is as follows:

Down Payment:	\$500 billed on May 20 th , Due by May 23 rd
1 st Payment:	\$375 billed June 1 st , Due by June 5 th
2 nd Payment:	\$375 billed July 1 st , Due by July 5 th
3 rd Payment:	\$375 billed August 1 st , Due by August 5 th
4 th Payment:	\$375 billed September 1 st , Due by September 5 th
5 th Payment:	\$375 billed October 1 st , Due by October 5 th
6 th Payment:	\$375 billed November 1 st , Due by November 5 th
7 th Payment:	\$375 billed December 1 st , Due by December 5 th
8 th Payment:	\$375 billed January 1 st , Due by January 5 th
9 th Payment:	\$375 billed February 1 st , Due by February 5 th
10 th Payment:	\$375 billed March 1 st , Due by March 5 th
11 th Payment:	\$375 billed April 1 st , Due by April 5 th

- There is a sibling discount. Please contact the front office for account adjustment once your athletes are registered.
- Auto charges run on the 5th of every month. **Everyone is required to have a card on file.**

Tuition Includes:

- Team Practices
- Routine Music
- Competitions registration fees

Additional Expenses (Required):

- \$225.00 – Coaches fees. Billed in October. This fee is per Family, not per athlete.
- \$80.00 - \$95.00 – Practice wear
- \$495.00 – Competition Uniform
- \$250.00 – Warm Ups
- \$30.00 - \$40.00 – Competition Bows
- \$90.00 - \$130.00 – Shoes
- \$150.00 – Choreography / Stunt Clinics. There will be 2 total
- \$50.00 – USASF Registration
- \$225.00 - \$635.00 – End of Season Event (Summit, etc)
- \$65.00 - \$85.00 – Stingray End of Season Gift package

Additional Expenses (Optional):

- \$30.00 - \$50.00 – Stingray Branded Apparel
- \$105.00 - \$120.00 – Backpack

Travel/Hotel expenses are not included. Cost will vary greatly pending on location.

Classes, Private Lessons and Clinics are an additional expense.



Prices are subject to change

Assessments will take place the week of May 13th through May 16th 2025. This years assessment will be run a little differently from previous years. We will have MANDATORY clinics on Tuesday and Wednesday. Final Evaluations will be either Thursday or Friday.

Assessment Week Schedule:

Tuesday, May 13th:

- Assessment Clinic for ages 10 and under – 5:00 pm – 7:00 pm
- Assessment Clinic for ages 11 and up – 7:00 pm – 9:00 pm

Wednesday, May 14th:

- Assessment Clinic for ages 10 and under – 5:00 pm – 7:00 pm
- Assessment Clinic for ages 11 and up – 7:00 pm – 9:00 pm

Thursday, May 15th:

- Evaluations for 10 and under – 6:00 pm – 9:00 pm

Friday, May 16th:

- Evaluations for 11 and up – 6:00 pm – 9:00 pm

Team announcements will be made on Sunday, May 18th.

Team placement announcements will be sent via Email on May 18th.

First Practice will start on Wednesday May 21st or Thursday May 22nd. Practice days and times will be provided in your email.

Important Dates at a Glance:

- | | |
|--|---|
| • May 18 th | Team Placements |
| • May 21 st / 22 nd | First Team Practice |
| • May 28 th / 29 th | Mandatory Parent Meeting 7:00 pm (Must make it to 1 date) |
| • June 30 th – July 6 th | Gym Closed – Independence Day |
| • August 20 th / 21 st | Mandatory Parent Meeting 7:00 pm (Must make it to 1 date) |
| • September 1 st | Gym Closed – Labor Day |
| • October 31 st | Gym Closed – Halloween |
| • November 24 th – 28 th | Gym Closed - Thanksgiving |
| • Dec 22 nd – Jan 2 nd | Gym Closed – Holidays |
| • January 7 th / 8 th | Mandatory Parent Meeting 7:00 pm (Must make it to 1 date) |

A detailed competition schedule will be released at end of Summer.

REGISTRATION INSTRUCTIONS

All bookings and registrations are done through the Parent Portal on the Stingray Fort Lauderdale website: www.stingrayallstarsftlauderdale.com

If you already have an account in our system, you will log in to your current account. **DO NOT CREATE ANOTHER ACCOUNT.** If you have any trouble logging in, please contact the front office for assistance.

If you are a new member, it will prompt you to input the guardian information, athlete information and accept the policies/waiver. Please be sure to opt in to email notifications as the email entered will be used to send out team placements and other important gym information.

Once logged in, click on "Bookings" then "Evaluation 2025-2026 Season". From there, you will click on the day/time that corresponds with your athletes age. Choose the session and add to cart, click pay now. You will receive a confirmation email once your transaction is complete.

Please print and turn in your completed Assessment forms located on our website.

All accounts must be paid in full to register for Assessments. You must keep your account current to remain active on your team. There will be no refunds made to anyone who quits or is asked to leave the program.

Please print and bring the following forms filled out to your first practice.

- Participant Agreement
- Financial Commitment

Forms can be found on our website.



ASSESSMENT CHECKLIST:



Sign up for an Assessment time slot on the parent portal for your athlete's age. (Sign up for one time slot)



Print and complete the Assessment Form.



Bring your completed form to the office. Be sure to have your athlete's photo attached.

You're now ready to be "One of A Kind".
We look forward to a gRAYt year in the Blue and Green.

