

THE STINGRAY ALLSTARS

2026 - 2027 TRYOUT INFORMATION PACKET

THE MISSION OF THE STINGRAY ALLSTARS IS TO CULTIVATE AN ENVIRONMENT OF EXCELLENCE WHERE ATHLETES DON'T JUST PERFORM—THEY THRIVE. THROUGH 'THE STINGRAY WAY,' WE EMPOWER OUR MEMBERS WITH THE GRIT, ACCOUNTABILITY, AND SENSE OF COMMUNITY NEEDED TO DOMINATE THE FLOOR AND SUCCEED IN LIFE. WE INSPIRE EVERY ATHLETE AND COACH WHO WALKS THROUGH OUR DOORS TO BE FULLY COMMITTED TO THE STINGRAY WAY!



WWW.STINGRAYALLSTARSFTLAUDERDALE.COM

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WHY THE STINGRAY ALLSTARS?

CHOOSING A HOME FOR THE UPCOMING SEASON IS ABOUT MORE THAN JUST FINDING A PLACE TO TRAIN; IT'S ABOUT FINDING A CULTURE THAT ALIGNS WITH YOUR GOALS AND VALUES. AT STINGRAY ALLSTARS FORT LAUDERDALE, WE PRIDE OURSELVES ON A LEGACY OF EXCELLENCE THAT IS BUILT ON A FOUNDATION OF INTEGRITY, SAFETY, AND PERSONAL GROWTH.

THE STINGRAY WAY: OUR PHILOSOPHY

OUR PROGRAM IS GUIDED BY A SIMPLE BUT POWERFUL COMMITMENT: "ONE GYM, ONE FAMILY." WE BELIEVE THAT EVERY ATHLETE, REGARDLESS OF THEIR LEVEL OR EXPERIENCE, PLAYS A VITAL ROLE IN OUR COLLECTIVE SUCCESS. WE DON'T JUST BUILD CHAMPIONSHIP TEAMS; WE BUILD CONFIDENT, DISCIPLINED, AND RESILIENT YOUNG ATHLETES.

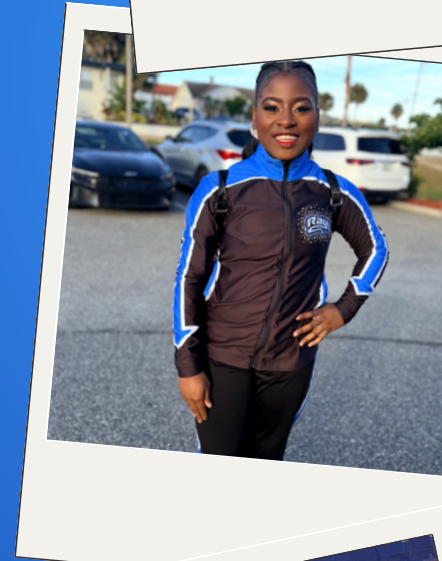
- **PRECISION AND TECHNIQUE:** WE ARE KNOWN FOR OUR "STINGRAY STYLE"—A FOCUS ON CLEAN, TECHNICALLY SOUND EXECUTION. WE BELIEVE THAT PERFECTION IS A JOURNEY, AND WE PRIORITIZE THE SAFETY AND PROPER PROGRESSION OF OUR ATHLETES ABOVE ALL ELSE.
- **CHARACTER OVER TROPHIES:** WHILE WE STRIVE FOR THE TOP OF THE PODIUM, OUR TRUE MEASURE OF SUCCESS IS THE CHARACTER OF OUR ATHLETES. WE INSTILL THE VALUES OF SPORTSMANSHIP, ACCOUNTABILITY, AND HARD WORK THAT TRANSLATE FAR BEYOND THE BLUE MAT.
- **A CULTURE OF CONSISTENCY:** FROM OUR COACHING STAFF TO OUR TRAINING METHODS, WE PROVIDE A STRUCTURED ENVIRONMENT WHERE ATHLETES KNOW WHAT IS EXPECTED OF THEM AND ARE GIVEN THE TOOLS TO EXCEED THOSE EXPECTATIONS.

WHAT SETS US APART

WHEN YOU JOIN THE STINGRAY ALLSTARS FORT LAUDERDALE, YOU AREN'T JUST JOINING A GYM—YOU ARE JOINING A NATIONALLY RECOGNIZED BRAND WITH A LOCAL HEART. WE OFFER:

- **EXPERT INSTRUCTION:** ACCESS TO HIGH-LEVEL TECHNICAL SPECIALISTS WHO ARE DEDICATED TO INDIVIDUAL ATHLETE DEVELOPMENT.
- **COMMUNITY AND CONNECTION:** A SUPPORTIVE ENVIRONMENT WHERE LIFELONG FRIENDSHIPS ARE FORMED AND EVERY MILESTONE IS CELEBRATED.
- **THE PURSUIT OF EXCELLENCE:** A STANDARD THAT CHALLENGES EVERY ATHLETE TO BE A BETTER VERSION OF THEMSELVES THAN THEY WERE YESTERDAY.

JOIN US FOR THE 2026/2027 SEASON AND EXPERIENCE THE DIFFERENCE THAT COMES FROM TRAINING WITH A PROGRAM THAT VALUES THE PERSON AS MUCH AS THE PERFORMER.



ATHLETE EXPECTATIONS

AT STINGRAY ALLSTARS, WE BELIEVE THAT BEING A "STINGRAY" IS A TITLE EARNED THROUGH MORE THAN JUST ATHLETIC ABILITY. IT IS DEFINED BY THE CHARACTER AN ATHLETE DISPLAYS WHEN NO ONE IS WATCHING. WE ARE LOOKING FOR INDIVIDUALS WHO ARE COMMITTED TO PERSONAL EXCELLENCE AND WHO UNDERSTAND THAT THEIR ATTITUDE IS JUST AS IMPORTANT AS THEIR SKILL SET.

TO MAINTAIN OUR CULTURE OF EXCELLENCE, WE EXPECT EVERY ATHLETE TO EMBODY THESE THREE CORE PILLARS:

1. RELENTLESS HARD WORK

SUCCESS IS NOT GIVEN; IT IS EARNED THROUGH CONSISTENCY AND GRIT. WE EXPECT OUR ATHLETES TO:

- GIVE 100% EFFORT IN EVERY WARM-UP, DRILL, AND FULL-OUT.
- APPROACH EVERY PRACTICE WITH A GROWTH MINDSET, VIEWING CHALLENGES AS OPPORTUNITIES TO IMPROVE.
- TAKE PERSONAL RESPONSIBILITY FOR THEIR PROGRESSION AND STAY FOCUSED ON THE TEAM'S COLLECTIVE GOALS.

2. RADICAL KINDNESS

A TEAM IS ONLY AS STRONG AS THE BONDS BETWEEN ITS MEMBERS. WE EXPECT OUR ATHLETES TO:

- SUPPORT AND UPLIFT THEIR TEAMMATES, CELEBRATING OTHERS' SUCCESSES AS MUCH AS THEIR OWN.
- TREAT COACHES, PARENTS, AND EVEN COMPETITORS WITH THE UTMOST RESPECT.
- FOSTER AN INCLUSIVE ENVIRONMENT WHERE EVERY ATHLETE FEELS WELCOME AND VALUED. BULLYING OR NEGATIVITY HAS NO PLACE IN OUR GYM.

3. UNWAVERING HONESTY

INTEGRITY IS THE FOUNDATION OF TRUST. WE EXPECT OUR ATHLETES TO:

- BE TRANSPARENT AND ACCOUNTABLE FOR THEIR ACTIONS, BOTH ON AND OFF THE MAT.
- COMMUNICATE OPENLY WITH COACHES REGARDING INJURIES, ABSENCES, OR CONCERNS.
- REPRESENT THE STINGRAY BRAND WITH HONOR, KNOWING THAT THEIR BEHAVIOR REFLECTS ON THEIR TEAMMATES AND THEIR COMMUNITY.

"WE ARE WHAT WE REPEATEDLY DO. EXCELLENCE, THEN, IS NOT AN ACT, BUT A HABIT."

BY JOINING OUR PROGRAM, YOU ARE COMMITTING TO THESE STANDARDS. WE DON'T JUST WANT THE BEST ATHLETES; WE WANT THE BEST PEOPLE.



PARENT EXPECTATIONS

AT STINGRAY ALLSTARS, WE RECOGNIZE THAT THE SUCCESS OF OUR ATHLETES IS A DIRECT RESULT OF THE PARTNERSHIP BETWEEN OUR COACHES, OUR ATHLETES, AND THEIR FAMILIES. WE STRIVE TO MAINTAIN A POSITIVE, PROFESSIONAL ENVIRONMENT, AND WE ASK THAT OUR PARENTS COMMIT TO THE SAME HIGH STANDARDS OF EXCELLENCE WE EXPECT FROM OUR ATHLETES.

TO ENSURE A PRODUCTIVE SEASON FOR EVERYONE, WE ASK OUR PARENTS TO UPHOLD THE FOLLOWING PRINCIPLES:

1. POSITIVE SUPPORT & ENCOURAGEMENT

THE MOST IMPORTANT ROLE A PARENT PLAYS IS THAT OF A SUPPORTER. WE ASK THAT YOU:

- UPLIFT YOUR ATHLETE REGARDLESS OF THE OUTCOME OF A PRACTICE OR COMPETITION.
- FOSTER A TEAM-FIRST MENTALITY BY ENCOURAGING ALL MEMBERS OF THE PROGRAM, NOT JUST YOUR OWN CHILD.
- MAINTAIN A POSITIVE ATTITUDE IN THE VIEWING AREA, AT EVENTS, AND ON SOCIAL MEDIA.

2. TRUST IN THE PROCESS

OUR COACHING STAFF IS DEDICATED TO THE SAFETY, PROGRESSION, AND STRATEGIC SUCCESS OF EVERY TEAM. WE ASK THAT YOU:

- TRUST THE TECHNICAL DECISIONS MADE REGARDING ROUTINE PLACEMENT, STUNTING ROLES, AND LEVEL DESIGNATIONS.
- UNDERSTAND THAT ATHLETE SAFETY AND LONG-TERM DEVELOPMENT ARE OUR PRIMARY DRIVERS.
- ALLOW THE COACHES TO COACH DURING PRACTICES AND COMPETITIONS WITHOUT INTERFERENCE.

3. PROFESSIONAL COMMUNICATION

CLEAR AND RESPECTFUL COMMUNICATION IS THE KEY TO A SMOOTH SEASON. WE ASK THAT YOU:

- ADHERE TO THE "24-HOUR RULE" BEFORE REACHING OUT TO DISCUSS CONCERNS FOLLOWING A COMPETITION OR TEAM PLACEMENT.
- USE OFFICIAL GYM CHANNELS FOR ALL BUSINESS AND SCHEDULING INQUIRIES.
- RESPECT THE PRIVACY OF OUR STAFF AND OTHER FAMILIES BY KEEPING INTERNAL TEAM MATTERS CONFIDENTIAL.

4. COMMITMENT & ACCOUNTABILITY

COMPETITIVE CHEERLEADING IS A TEAM SPORT THAT RELIES ON EVERY MEMBER BEING PRESENT. WE ASK THAT YOU:

- ENSURE YOUR ATHLETE ARRIVES ON TIME AND PREPARED FOR ALL SCHEDULED PRACTICES AND EVENTS.
- PRIORITIZE THE COMPETITION SCHEDULE AND RESPECT THE ATTENDANCE POLICY.
- FULFILL ALL FINANCIAL AND ADMINISTRATIVE OBLIGATIONS PROMPTLY TO ENSURE THE PROGRAM RUNS EFFICIENTLY.



THE PLACEMENT PROCESS

AT STINGRAY ALLSTARS, OUR PRIMARY GOAL DURING TRYOUTS IS TO PLACE EVERY ATHLETE ON THE TEAM WHERE THEY WILL BE MOST SUCCESSFUL, SAFE, AND CHALLENGED. OUR COACHING STAFF EVALUATES EACH ATHLETE'S CURRENT SKILL SET, TECHNICAL EXECUTION, AND MENTAL READINESS TO DETERMINE THEIR TIER DESIGNATION.

PLACEMENTS ARE MADE AT THE SOLE DISCRETION OF THE STINGRAY ALLSTARS FORT LAUDEDALE COACHING STAFF TO ENSURE THE BEST POSSIBLE EXPERIENCE FOR THE INDIVIDUAL AND THE COLLECTIVE SUCCESS OF THE PROGRAM.

ALLSTAR NOVICE (FOUNDATIONAL PLACEMENT)

THIS TIER IS DESIGNATED FOR ATHLETES WHO ARE DEVELOPING THEIR CORE FUNDAMENTALS. THE FOCUS IS ON BUILDING CONFIDENCE AND MASTERING THE "STINGRAY STYLE" IN A LOWER-PRESSURE ENVIRONMENT.

- FOCUS: SKILL ACQUISITION AND INTRODUCTORY PERFORMANCE.
- SEASON: FULL SEASON WITH LOCAL-ONLY EVENTS.
- GOAL: PREPARING ATHLETES FOR THE TRANSITION INTO SCORED COMPETITIVE DIVISIONS.

ALLSTAR PREP (PROGRESSIVE PLACEMENT)

ATHLETES PLACED IN THE PREP TIER HAVE DEMONSTRATED A MASTERY OF FOUNDATIONAL SKILLS AND ARE READY FOR A MORE STRUCTURED COMPETITIVE ENVIRONMENT. THIS TIER SERVES AS A BRIDGE, INTRODUCING MORE COMPLEX ROUTINES AND TRADITIONAL RANKINGS.

- FOCUS: PERFECTION OF PROGRESSION AND CONSISTENCY.
- SEASON: FULL SEASON WITH REGIONAL TRAVEL AND STRUCTURED SCORING.
- GOAL: DEVELOPING THE TECHNICAL PRECISION REQUIRED FOR ELITE-LEVEL COMPETITION.

ALLSTAR ELITE (PREMIER PLACEMENT)

ELITE PLACEMENT IS RESERVED FOR OUR MOST DEDICATED ATHLETES WHO DEMONSTRATE HIGH-LEVEL TECHNICAL DIFFICULTY, EXCEPTIONAL ATHLETICISM, AND A FULL-YEAR COMMITMENT TO THE SPORT. THESE TEAMS REPRESENT OUR PROGRAM ON THE NATIONAL STAGE.

- FOCUS: MAXIMUM DIFFICULTY, ELITE-LEVEL EXECUTION, AND PERFORMANCE CREATIVITY.
- SEASON: A FULL-YEAR (12-MONTH) COMMITMENT INCLUDING NATIONAL "BID" EVENTS AND MANDATORY CAMPS.]
- GOAL: COMPETING AT THE HIGHEST LEVELS OF THE ALLSTAR INDUSTRY.

PLACEMENT PHILOSOPHY

"WE DO NOT PLACE ATHLETES BASED ON WHERE THEY WANT TO BE, BUT WHERE THEY WILL THRIVE." OUR STAFF LOOKS AT MORE THAN JUST A SINGLE TUMBLING PASS; WE EVALUATE STUNTING COMPATIBILITY, PERFORMANCE ENERGY, AND THE ABILITY TO MAINTAIN TECHNIQUE UNDER PRESSURE. TRUSTING THE COACHES' PLACEMENT IS THE FIRST STEP TOWARD A SUCCESSFUL SEASON.



TRYOUT REGISTRATION

STEP 1

GO TO WWW.STINGRAYALLSTARSFTLAUDERDALE.COM AND CLICK ON THE REGISTRATION/LOGIN BUTTON.

STEP 2

LOGIN TO YOUR ACCOUNT -OR- CREATE YOUR ACCOUNT IF YOU ARE NEW TO THE STINGRAY FAMILY!

STEP 3

UNDER THE BOOKINGS TAB, SELECT 2026-2027 EVALUATIONS. CHOOSE YOUR TRYOUT TIME SLOT AND ADD IT TO YOUR CART. YOU WILL PAY THE TRYOUT FEE OF \$85.00 AT THIS TIME.

STEP 4

SCAN THE QR CODE BELOW TO FILL OUT THE TRYOUT INFORMATION PACKET.



TRYOUTS

TRYOUT WORKOUTS

- 5/12 - 5:30 - 7:00 PM OR 7:30 - 9:00 PM
- 5/13 - 5:30 - 7:00 PM OR 7:30 - 9:00 PM
- 5/14 - 5:30 - 7:00 PM

TRYOUT FEE INCLUDES ONE TRYOUT WORKOUT. ATHLETES WILL TUMBLE, STUNT, JUMP AND LEARN THE TRYOUT MOTION SEQUENCE. THERE WILL BE A PARENT MEETING DURING EACH SESSION. PLEASE CALL THE GYM TO SCHEDULE YOUR TRYOUT WORKOUT.

TRYOUT TIMES:

- 5/14 - AGES 10+ YEARS OLD
 - 7:30 PM, 8:00 PM, 8:30 PM
- 5/15 - AGES 3-5 YEARS OLD
 - 4:30 PM, 5:00 PM
- 5/15 - AGES 6-10 YEARS OLD
 - 5:30 PM, 6:00 PM, 6:30 PM
- 5/15 - AGES 10+
 - 7:00 PM, 7:30 PM, 8:00 PM

WHAT TO EXPECT

1. CHECK IN AT THE SIGN IN TABLE
2. HAVE YOUR PICTURE TAKEN
3. WARM UP
4. TUMBLING SKILLS: THROW YOUR 2 BEST STANDING AND 2 BEST RUNNING SKILLS
5. SHOWCASE YOUR MOTION AND JUMP SEQUENCE
6. RECEIVE YOUR TRYOUT SHIRT

** ATHLETE DO NOT STUNT AT TRYOUTS. ANYONE WISHING TO SHOWCASE THEIR STUNTING ABILITIES SHOULD ATTEND ONE OF THE TRYOUT STUNT CLINICS HOSTED ON MAY 6TH & MAY 7TH. SIGN UP THROUGH THE PARENT PORTAL ([HTTPS://PORTAL.ICLASSPRO.COM/STINGRAYALLSTARSFORTLAUDERDALE](https://portal.iclasspro.com/stingrayallstarsfortlauderdale)). CLINIC IS \$15.00.

TEAM ANNOUNCEMENTS

TEAM ANNOUNCEMENT EMAILS WILL BE SENT OUT ON SUNDAY MAY 17TH 2026. PRACTICE DAYS AND TIMES WILL BE INCLUDED IN THOSE DETAILS!



2026 - 2027 DATES

ATTENDANCE IS INCREDIBLY IMPORTANT TO ANY TEAMS SUCCESS. ATHLETES PLANNING TO MISS PRACTICE FOR ANY REASON MUST PUT AN ABSENT REQUEST IN THROUGH THE PORTAL. PUTTING IN A REQUEST DOES NOT GUARANTEE AN APPROVAL. SUMMER ABSENCES SHOULD BE LIMITED TO 4 ABSENCES AND NEED TO BE SUBMITTED BY JUNE 1ST FOR APPROVAL.

GYM CLOSURES

- MEMORIAL DAY - 5/25/26
- 4TH OF JULY - 7/2/26 - 7/6/26
- LABOR DAY - 9/7/26
- THANKSGIVING BREAK - 11/23/26 - 11/27/26
- HOLIDAY BREAK - 12/21/26 - 1/1/27

MANDATORY STUNT CLINICS

- AUGUST 1ST AND/OR AUGUST 2ND

**STUNT CAMP DATES ARE SUBJECT TO CHANGE BASED ON NUMBER OF TEAMS WE HAVE AND LEVELS.

CHOREOGRAPHY

CHOREOGRAPHY WILL BE IN AUGUST. SPECIFIC TEAMS DATES AND TIMES WILL BE PUBLISHED IN THE ANNUAL CALENDAR RELEASED IN JUNE. CHOREOGRAPHY IS MANDATORY.

EVENTS

- WINTER GYM JAM - 12/12/26
- SPRING GYM JAM - 4/14/27

SUNDAY PRACTICES

SUNDAY PRACTICES ARE MANDATORY AND WILL BEGIN ON 8/23. THEY WILL BE EVERY OTHER SUNDAY UNTIL OUR FIRST COMPETITION. EXACT DATES WILL BE PUBLISHED IN THE CALENDAR.



THE COMMITMENT

TIME COMMITMENT

PLEASE MAKE SURE BOTH PARENTS ARE FULLY AWARE OF THE TIME COMMITMENT TO THE STINGRAY ALLSTARS. TEAMS PRACTICE TWO (2) DAYS A WEEK WITH SCHEDULED ADDITIONAL PRACTICES STARTING IN AUGUST. ADDITIONAL PRACTICES MAY BE ADDED IF NEEDED. ATTENDANCE IS CRUCIAL TO A TEAM'S SUCCESS. PUNCTUALITY IS A MUST. MISSING PRACTICE COULD AFFECT AN ATHLETES POSITION ON THE TEAM. ATHLETES WHO MISS PRACTICE WITHIN 2 WEEKS LEADING UP TO A COMPETITION (WITHOUT PRIOR APPROVAL) MAY NOT BE ABLE TO COMPETE AT THAT EVENT. BEING LATE OR ABSENT FROM A COMPETITION WITHOUT APPROVAL COULD RESULT IN YOUR ATHLETE BEING PLACED ON ALTERNATE STATUS OR REMOVED FROM THE TEAM.

WITHIN OUR PROGRAM, THE COACHES HAVE THE AUTONOMY TO MAKE DECISIONS IN THE BEST INTEREST OF THEIR SPECIFIC TEAMS. EACH TEAM HAS DIFFERENT NEEDS AND DYNAMICS, SO POLICIES MAY BE APPLIED DIFFERENTLY. ATHLETES MUST BE ABLE TO PHYSICALLY AND MENTALLY PERFORM ALL ASPECTS OF COMPETITIVE CHEERLEADING. THIS MAY REQUIRE ADDITIONAL PRIVATES, CLASSES AND CONDITIONING.

WE DO ENCOURAGE ATHLETES TO CHEER FOR THEIR SCHOOL TEAMS. OUR EXPECTATIONS ARE THAT WE WILL WORK WITH YOUR SCHOOL COACHES AS MUCH AS THEY WORK WITH US. CHOREOGRAPHY AND COMPETITIONS THAT ARE SCHEDULED AT THE SAME TIME AS A SCHOOL CHEER EVENT ARE NON-NEGOTIABLE. WE MUST BE THE PRIORITY IN THOSE CIRCUMSTANCES.

TRAVEL COMMITMENT

COMPETITIONS ARE MANDATORY. OUR TEAMS ATTEND ANYWHERE FROM 4-6 COMPETITIONS, NOT INCLUDING END OF SEASON EVENTS. THIS IS IN ADDITION TO OUR SHOWCASE EVENTS. COMPETITION SCHEDULES WILL BE RELEASED IN JUNE. TRAVEL EXPENSES ARE NOT INCLUDED IN TUITION, AND EACH FAMILY IS RESPONSIBLE FOR GETTING THEIR ATHLETE TO AND FROM EVENTS.

A PARENT, GUARDIAN OR ADULT DESIGNEE MUST ACCOMPANY ALL MINOR ATHLETES DURING REAM TRAVEL. THE PROGRAM DOES NOT ARRANGE TRANSPORTATION FOR ATHLETES AND DOES NOT ASSUME RESPONSIBILITY FOR ANY ATHLETE WHILE ATTENDING COMPETITIONS.

MANY OUT OF TOWN EVENTS ARE CONSIDERED "STAY-TO-PLAY", WHICH REQUIRES ATHLETES TO BOOK THROUGH THE SANCTIONED HOTELS. LINKS TO THOSE HOTELS WILL BE SENT OUT IN THE MONTHS LEADING UP TO THE EVENT. ATHLETES WHO DO NOT COMPLY WITH THE STAY-TO-PLAY POLICY MAY RESULT IN TEAM DISQUALIFICATION.



FINANCIAL COMMITMENT

ALLSTAR CHEERLEADING REQUIRES A SIGNIFICANT FINANCIAL COMMITMENT. IT'S IMPORTANT TO CAREFULLY CONSIDER THE INVESTMENT PRIOR TO ENROLLMENT. BELOW IS THE FINANCIAL BREAKDOWN FOR THE 2026-2027 SEASON BY PROGRAM.

INSTALLMENTS	DUE DATE	FULL YEAR NOVICE	FULL YEAR PREP	FULL YEAR ELITE
DEPOSIT	05/20/2026	\$300.00	\$400.00	\$500.00
1	06/06/2026	\$325.00	\$425.00	\$525.00
2	07/06/2026	\$325.00	\$425.00	\$525.00
3	08/06/2026	\$325.00	\$425.00	\$525.00
4	09/06/2026	\$325.00	\$425.00	\$525.00
5	10/06/2026	\$325.00	\$425.00	\$525.00
6	11/06/2026	\$325.00	\$425.00	\$525.00
7	12/06/2026	\$325.00	\$425.00	\$525.00
8	01/06/2027	\$325.00	\$425.00	\$525.00
9	02/06/2027	\$325.00	\$425.00	\$525.00
10	03/06/2027	\$325.00	\$425.00	\$525.00
11	04/06/2027	\$325.00	\$425.00	\$525.00
YEAR END EVENTS ARE NOT INCLUDED IN TUITION FEES AND WILL BE BILLED BASED ON BID TYPE EARNED IN MARCH/APRIL				

THE FOLLOWING ITEMS ARE INCLUDED IN YOUR PACKAGE PRICE:

- UNIFORM
- SHOES
- BOW
- PRACTICE WEAR
- COMPETITION REGISTRATION FEES
- CHOREOGRAPHY
- MUSIC
- COACHES FEES
- STUNT CAMP
- MONTHLY TUITION
- ADDITIONAL PRACTICES

THE FOLLOWING ITEMS ARE NOT INCLUDED IN YOUR PACKAGE PRICE:

- USASF MEMBERSHIP
- WARM UPS
- BACKPACK
- PRACTICE SHOES
- END OF SEASON EVENTS
- END OF SEASON GIFT PACKAGE

IF YOUR ATHLETE IS ASKED TO CROSSOVER THERE WILL BE AN ADDITIONAL \$65.00 / MONTH FEE IN ADDITION TO YOUR NORMAL TUITION RATE.

WE REQUIRE ALL FAMILIES TO KEEP A VALID CARD ON FILE. ANY UNPAID CHARGES WILL RUN THROUGH AUTOMATIC BILLING ON THE 10TH OF EACH MONTH. ACCOUNTS MUST BE CURRENT IN ORDER TO PARTICIPATE IN ANY PROGRAM.

ATHLETES PLACED ON A TEAM THAT QUIT, WILL NOT RECEIVE A REFUND. NO FURTHER BILLING WILL TAKE PLACE ONCE WRITTEN NOTICE OF LEAVING THE TEAM IS RECEIVED.



END OF SEASON EVENTS

COMPETITIONS

EACH TEAM WILL WORK TO EARN A BID TO ONE OF THE FOLLOWING SUMMITS:

- THE SOUTHEAST REGIONAL SUMMIT (COLLEGE PARK, GA)
 - PREP TEAMS
 - MINI AND YOUTH ELITE TEAMS
- THE SUMMIT (ORLANDO, FL)
 - JUNIOR & SENIOR ELITE TEAMS

THESE EVENTS ARE NOT INCLUDED IN YOUR TUITION AND CAN RANGE FROM \$200-\$750. THESE FEES WILL BE BILLED IN MARCH/APRIL 2027 AND MUST BE PAID BY APRIL 8TH IN ORDER TO ATTEND AND COMPETE AT THE EVENT.

ADDITIONAL END OF SEASON EXPENSES

- END OF YEAR GIFT PACKAGE FROM THE PRO SHOP:
 - PROGRAM WIDE END OF SEASON TEE SHIRT
 - SEASON COMMEMORATIVE PATCH
 - DRAWSTRING BAG
- TEAM SPECIFIC ITEM FROM THE PRO SHOP
- LODGING AND TRAVEL
- TEAM SPECIFIC CELEBRATIONS.



POLICIES & PROCEDURES

ATHLETE SAFETY

ALL OF OUR STAFF HAVE AN ANNUAL BACKGROUND CHECK, CONCUSSION TRAINING AND ARE USASF CREDENTIALLED/CLEARED TO TRAIN ATHLETES. WE ARE PARTNERED WITH THE SPORTS COMPLIANCE COMPANY. THEY PROVIDE AN INDEPENDENT HOTLINE FOR ATHLETES, FAMILIES, AND STAFF TO CONFIDENTIALLY REPORT ETHICS OR MISCONDUCT CONCERNS. THE HOTLINE NUMBER IS AVAILABLE 24/7/365 TO ALL OUR MEMBERS AT 1-800-594-5930. THEY HANDLE THE INTAKE AND EXTERNAL INVESTIGATION OF CONCERNS RELATED TO ATHLETE SAFETY.

WE ALL MUST WORK TOGETHER AS COACHES AND PARENTS TO SEE THAT OUR ATHLETES ARE ABLE TO TRAIN IN A SAFE, POSITIVE ENVIRONMENT. PLEASE NOTE, ONLY ATHLETES AND COACHES ARE ALLOWED IN THE GYM AT ALL TIMES.

COMMUNICATION

PLEASE FEEL FREE TO TALK TO YOUR COACH ABOUT ANYTHING; REMEMBER TO DO IT AT THE APPROPRIATE TIME. FOR EXAMPLE, APPROACHING A COACH IN THE MIDDLE OF A PRACTICE OR COMPETITION WOULD NOT BE AN APPROPRIATE TIME.

CHECK YOUR EMAILS AND THE TEAM BAND REGULARLY. BAND AND EMAIL ARE OUR MEANS OF COMMUNICATION. PROBLEMS BETWEEN ATHLETES/PARENTS WILL BE ADDRESSED WITH ALL PARTIES AT A MEETING WITH YOUR COACH AND A DIRECTOR. UNDER NO CIRCUMSTANCE SHOULD THE PARENTS PRESENT THEMSELVES AS AN OFFICIAL REPRESENTATIVE OF THE STINGRAY ALLSTARS AT COMPETITIONS OR ANY OTHER EVENTS.

ATTENDANCE

PRACTICES MAY BE CHANGED OR ADDED AT ANY TIME. SUBMIT ALL VACATION REQUESTS AND ABSENCES THROUGH THE PARENT PORTAL BY JUNE 1. IT IS UNFAIR TO THE TEAM AND ESPECIALLY TO YOUR CHILD FOR PRACTICES/COMPETITIONS TO BE USED AS A BARGAINING TOOL. THE STINGRAY ALLSTARS FORT LAUDERDALE WILL MAKE NO EXCEPTIONS TO SCHEDULES DUE TO CO-PARENTING CONFLICTS. PUNISHING YOUR CHILD BY MISSING PRACTICE OR A COMPETITION IS NOT ACCEPTABLE. HOMEWORK IS NOT AN ACCEPTABLE EXCUSE FOR MISSING PRACTICE.

BEHAVIOR

GOOD SPORTSMANSHIP, POLITE MANNERS AND A GOOD DISPOSITION ARE MANDATORY AT ALL PRACTICES AND COMPETITIONS FROM PARENTS AND ATHLETES. THIS MEANS NO GOSSIPING ABOUT OTHER ATHLETES, TEAMS, COACHES AND STAFF, EVER. THIS MAY LEAD TO RESTRICTED ACCESS TO THE PARENT VIEWING AREA. WE WELCOME ALL APPROPRIATE FEEDBACK. BULLING IS NOT TOLERATED. CONTINUOUS POOR BEHAVIOR COULD RESULT IN TEAM REMOVAL. SOCIAL MEDIA POSTS THAT ARE A POOR REPRESENTATION OF THE STINGRAY ALLSTARS MAY RESULT IN SUSPENSION OR REMOVAL FROM THE TEAM.

IT IS THE ATHLETE'S RESPONSIBILITY TO WEAR THE APPROPRIATE PRACTICE WEAR TO EVERY PRACTICE AND COMPETITION ATTIRE TO EVENTS. WE ARE NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS. NO CHILD SHOULD BE DROPPED OFF AT THE GYM UNSUPERVISED OR WITHOUT AN ACTIVE ENROLLMENT IN A CLASS, PRIVATE, CLINIC OR PRACTICE. ANYONE THREATENING TO QUIT OR TO PULL THEIR CHILD FROM A TEAM MAY BE DISMISSED FROM THE PROGRAM IMMEDIATELY. THE STINGRAY ALLSTARS MAINTAIN THE RIGHT TO REFUSE SERVICES AT ANY TIME.

*THE MANAGEMENT TEAM MAY CHANGE, ADD OR SUBTRACT ANY RULE AT ANY TIME.





TEAM PLACEMENTS

TEAM PLACEMENTS ARE DESIGNATED BY FACTORS INCLUDING AGE, TUMBLING SKILLS, JUMPS, MOTIONS/PERFORMANCE, AND STUNT POSITION. WE ARE LOOKING FOR FULL MASTERY OF SKILLS WITH AN EMPHASIS ON TECHNIQUE WHEN CREATING TEAMS. OUR COACHES WILL PLACE ATHLETES ON THE TEAM THEY THINK THEY WILL BE MOST SUCCESSFUL.

RECOMMENDED TUMBLE SKILLS BY LEVEL:

LEVEL	STANDING TUMBLING	RUNNING TUMBLING	JUMPS
1	BACK WALKOVER SERIES	FRONT WALKOVER CARTWHEEL	TWO CONNECTED JUMPS
	BACK WALKOVER SWITCH LEG	CARTWHEEL BACK WALKOVER SERIES	
	VALDEZ	ROUND OFF	
2 & 4.2	BACK WALKOVER BACK HANDSPRING	ROUND OFF BACKHANDSPRING STEP OUT	TWO CONNECTED JUMPS
	SWITCH LEG BACK WALKOVER BACK HANDSPRING	ROUND OFF / CARTWHEEL 2 BACK HANDSPRINGS	
	VALDEZ BACK HANDSPRING	FRONT WALKOVER ROUND OFF BACK HANDSPRING	
	BACK HANDSPRING STEP OUT BACK WALKOVER BACK HANDSPRING	FLYSPRING / BOUNDER	
3	STANDING 3 BACK HANDSPRINGS	PUNCH FRONT	TWO CONNECTED JUMPS
	BACK HANDSPRING STEP OUT 2 BACK HANDSPRINGS	ROUND OFF BACK HANDSPRING TUCK	
		FRONT WALKOVER ARIEL	
4	STANDING TUCK	ROUND OFF BACK HANDSPRING LAYOUT	TWO CONNECTED JUMPS
	BACK HANDSPRING TUCK	SPECIALTY PASS TO LAYOUT	
	2 BACK HANDSPRINGS TO TUCK	WHIP PASS	
5	BACK HANDSPRING LAYOUT	ROUND OFF BACK HANDSPRING FULL	TWO CONNECTED JUMPS TOE BACK
	2 BACK HANDSPRINGS TO LAYOUT	FRONT TO FULL, WHIP TO FULL, ARABIAN TO FULL	
6	STANDING FULL	WHIP (PUNCH) FULL	THREE CONNECTED JUMPS
	BACK HANDSPRING FULL	ARABIAN THROUGH TO FULL	
	2 BACK HANDSPRINGS TO FULL	ROUND OFF BACK HANDSPRING DOUBLE	
	2 BACK HANDSPRINGS TO DOUBLE	SPECIALTY PASS TO DOUBLE	

AGE DIVISIONS

NOVICE AGE GRID

DIVISION	ELIGIBILITY BY BIRTH YEAR
TINY	2019 - 2023
MINI	2017 - 2020
YOUTH	2014 - 2018
JUNIOR	2011 - 2018
SENIOR	06/01/2007 - 2015

PREP AGE GRID

DIVISION	ELIGIBILITY BY BIRTH YEAR
TINY	2019 - 2021
MINI	2017 - 2020
YOUTH	2014 - 2019
JUNIOR	2011 - 2018
SENIOR	06/01/2007 - 2015

ELITE AGE GRID

DIVISION	ELIGIBILITY BY BIRTH YEAR
TINY	2019 - 2021
MINI	2017 - 2020
YOUTH	2014 - 2019
JUNIOR	2011 - 2018
SENIOR	06/01/2007 - 2014

